

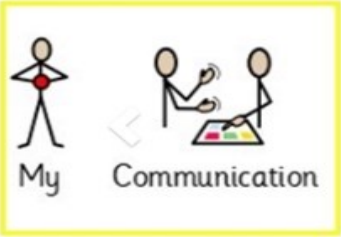
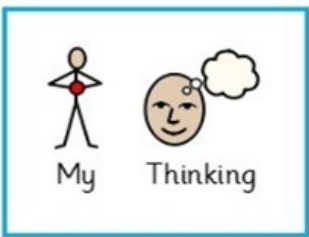














### How it Works

Each term, support your child to pick the homework they wish to complete, aiming to collect at least 5 stars in total.

## Dolphin Class Homework Pick and Mix

Autumn Term 2023



| <br>My Communication  | <br>My Thinking   | <br>My Well-being   | <br>My Body  |
|--|---|--|---|
| Listening to Sounds<br>Listen to / watch the story of Ellie's Magic Wellies by Amy Sparkes on YouTube.    | Explore some of the items that we use to keep our bodies clean - toothbrush, flannel, wet sponge, wipes.             | Explore playing a game with family or friends - maybe you could roll a ball to them, bounce on the trampoline or join in an action song such as Ring a Ring O' Roses.   | Have a go at some yoga moves at home on the floor. We love trying to follow Cosmic Kids yoga on YouTube.                             |
| Listen carefully to some sounds that you can hear in the garden such as birds, wind and rain.<br>Which did you like best?   | Go on a hunt for some very <b>big and very small</b> items in your home.   | Enjoy spending quality time with a family member by exploring different textures you can find at home - it could be soft fabric, crinkly foil or comforting blanket.  | Have a go at stretching different parts of your body. Can you stretch your arms out, your legs out, your whole body on the floor?  |
| Sound trail<br>Can you use some items from the kitchen to create sounds - this could be shaking some rice in a bottle, banging a spoon on a pan lid or pouring water from a jug.  | Can you find a favourite video on a tablet, phone or other device? Can you pause the video and make it play again?  | Use a mirror to look at and share reflections of different emotions with a family member including happy, sad, tired, scared and excited.                             | Dance along to your favourite song with your family and friends.   |